

Surgery Recovery Activity Book

Gentle Word Search, Sudoku, Mazes, Cryptograms and Word Scrambles for Rest and Recovery - A Thoughtful Get Well Gift for Adults and Seniors

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Every puzzle in this book was generated by original software written for Puzzle Press and was checked by a separate computer program before printing: each word search, sudoku, maze and word scramble has exactly one correct answer, and each cryptogram decodes exactly to its sourced public-domain quotation. Every answer is in the back of the book.

Word lists, instructions and design were created by Puzzle Press with the help of AI tools. No AI-generated pictures are used.

Quotations are taken from public-domain works first published before 1929; each answer lists its author and source.

This is a puzzle book for enjoyment. It gives no medical advice; follow your own care team's instructions.

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BEFORE YOU BEGIN

How to Play

Word Search

Find every word from the list hidden in the grid. Words run in a straight line - across, down, diagonally, and sometimes backwards. Circle each word in the grid and tick it off the list. Spaces in names are left out.

Sudoku

Fill every empty square with a number from 1 to 9 so that each row, each column and each of the nine 3 x 3 boxes contains every number exactly once. No math is needed - it is a logic puzzle. Each puzzle has exactly one solution and can be solved without guessing.

Cryptograms

Each quotation is written in a simple code: every letter has been swapped for a different letter, and the same code letter always stands for the same real letter. Two hints are filled in for you. Use short words, repeated letters and the code tracker to crack the rest.

Mazes

Start at START and draw a path to FINISH without crossing any lines. There is only one way through! The mazes get bigger and trickier as you go. Use a pencil so you can erase.

Word Scrambles

The letters of each word have been mixed up. Put them back in order to spell a word that fits the page's theme. Every scramble has only one correct answer.

PUZZLE 1

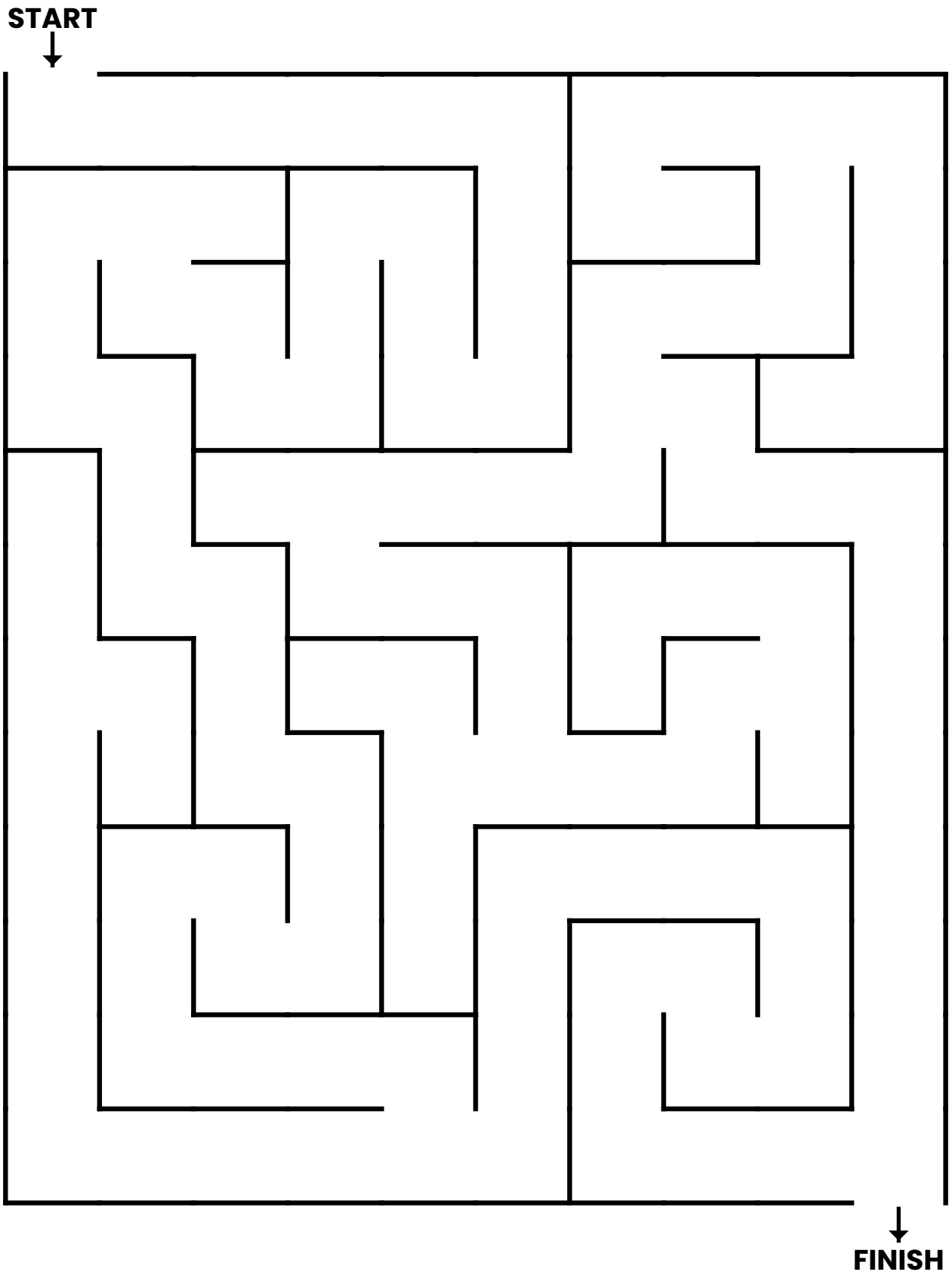
Cozy Comforts I

C L V I D T G T R O F M O C
F A L B O H R E K I F O U E
U U S H Z D T D H E P T Y W
D A E T E A A I Y T W E B O
R W L E E A A G Y O C N T L
Y E T W N K R I F P W I O L
E L S R H C N T N A A S T I
N L K C O M M A H E C P T P
I R B C S L G F L T H T L M
W F O S S I N G S B T M I L
G A O C D L G S G L K L U A
U P L R K U O D C O M A Q G
F L A N N E L Z Z U P E E E
E C V S R P R L D D K U U R

- ☐ BLANKET
- ☐ CARDIGAN
- ☐ COCOA
- ☐ COMFORT
- ☐ DOZE
- ☐ FLANNEL
- ☐ HAMMOCK
- ☐ HEARTH
- ☐ MUG
- ☐ PILLOW
- ☐ PUZZLE
- ☐ QUILT
- ☐ ROCKER
- ☐ SNUGGLE
- ☐ SWEATER
- ☐ TEAPOT

MAZE 1

Garden Path (Easy)



Puzzle 1

★ Easy

	1	3	9			5		7
			5	8			4	
			2				9	6
9		4	8			2	1	
		2		3		7		
	8	1			2	6		9
3	9				1			
	7			4	8			
4		8			5	3	6	

Puzzle 2

★ Easy

6				2		5	1	
3	9				6	7	2	
			3			9		
5	7			6	2			
9	6			8			3	7
			9	3			5	2
		7			8			
	8	9	2				4	6
	5	6		9				1

CRYPTOGRAM 1

Anne of Green Gables

I		N	'			I			N	I							
V	T	E		Z		V	Z		E	V	I	G		Z	A		

				I	N										
Z	N	V	E	U		Z	N	S	Z						

									I			N			
Z	A	P	A	C	C	A	F		V	T		S		E	G	F

				I			N		
X	S	M		F	V	Z	N		E	A

	I							I	N		I		
P	V	T	Z	S	U	G	T		V	E		V	Z

			?
M	G	Z	

Hints: V = I, E = N

- L. M. Montgomery

Code tracker: write each solved letter under its code letter.

A	B	C	D	E	F	G	H	I	J	K	L	M

N	O	P	Q	R	S	T	U	V	W	X	Y	Z

WORD SCRAMBLE 1

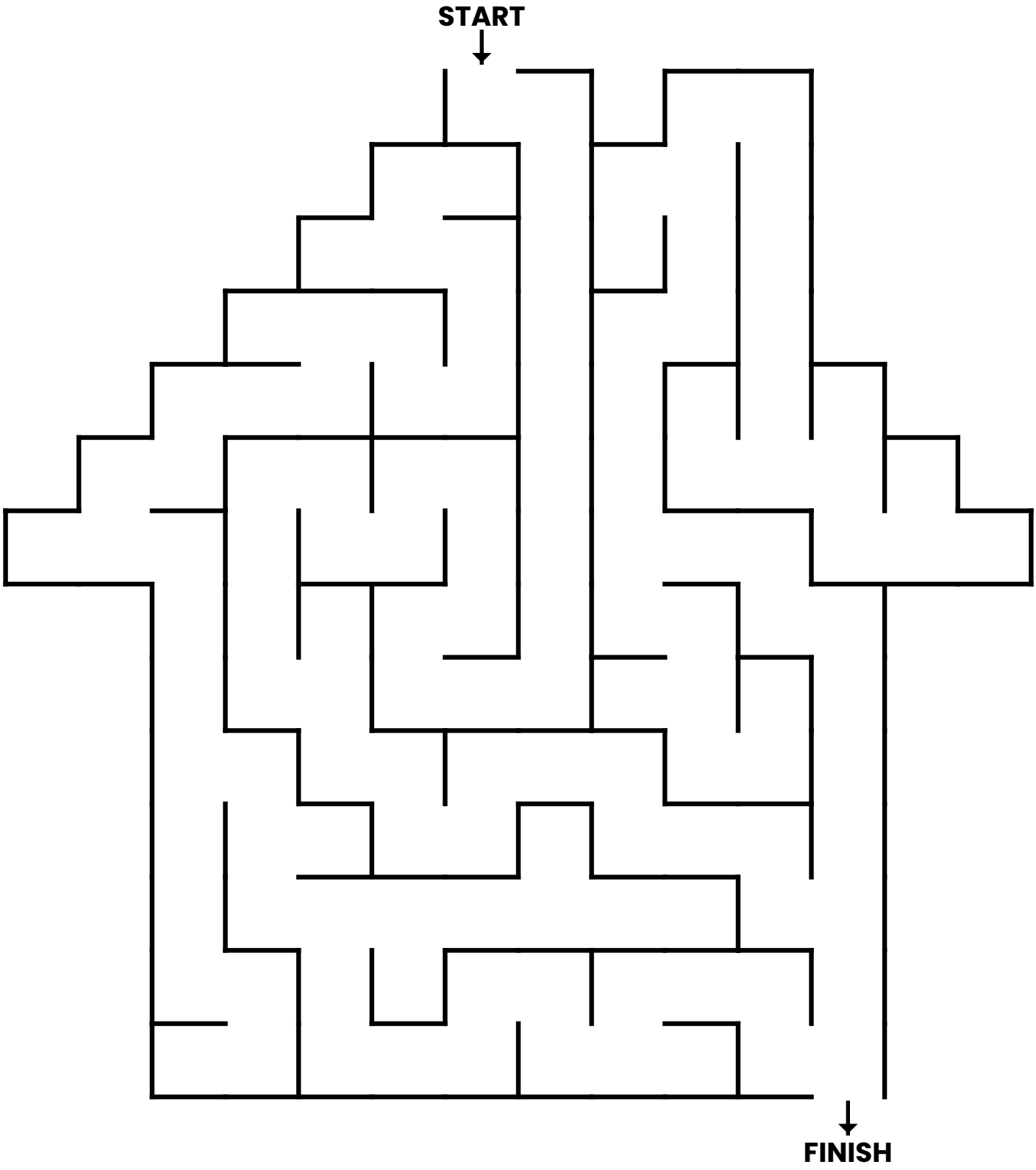
Cozy Comforts

Unscramble each word. Every answer fits the theme.

1. A E T K L N B _____
2. I L Q T U _____
3. L L W O P I _____
4. I H R A C M R A _____
5. A E P I L E C F R _____
6. A D C N E L _____
7. A C O C O _____
8. E O T T P A _____
9. L T E E T K _____
10. N S C O H U I _____
11. K C O A M H M _____

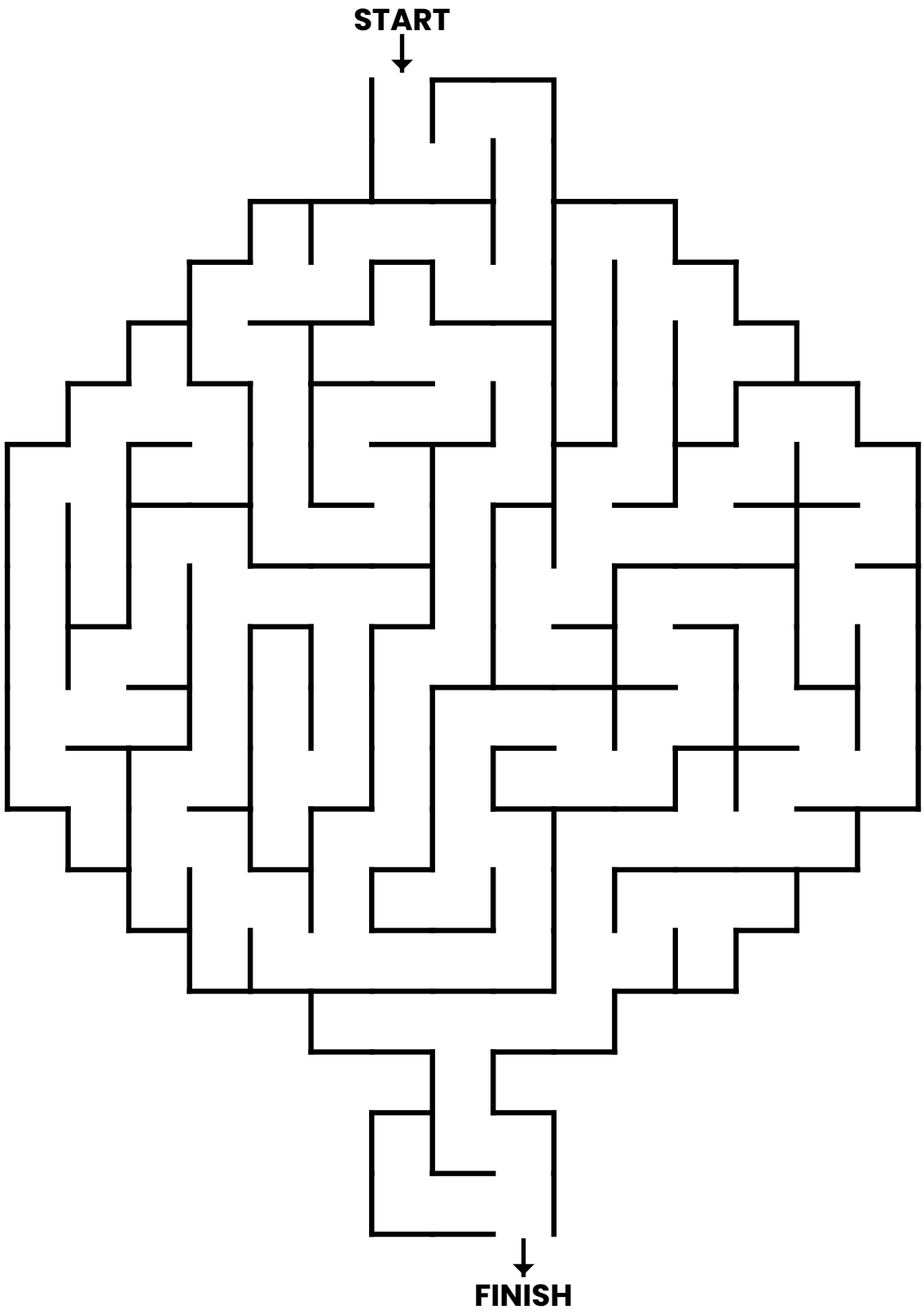
MAZE 8

Cottage (Medium)



MAZE 15

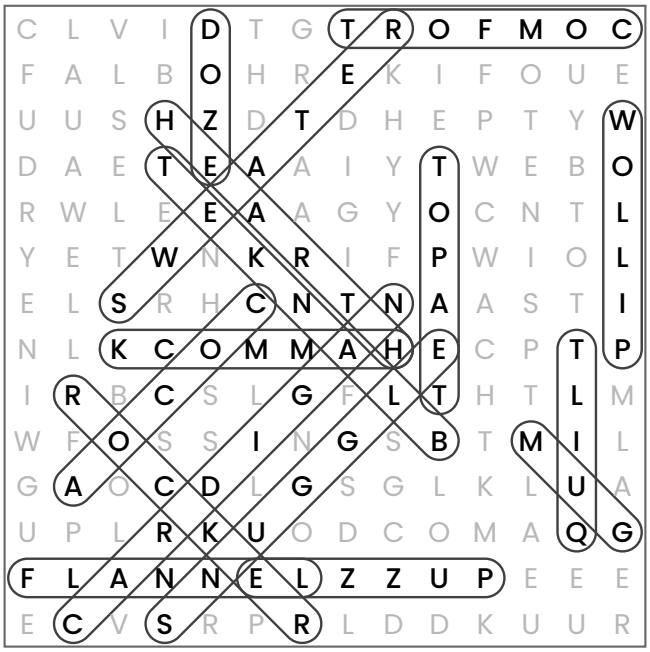
Leaf (Tricky)



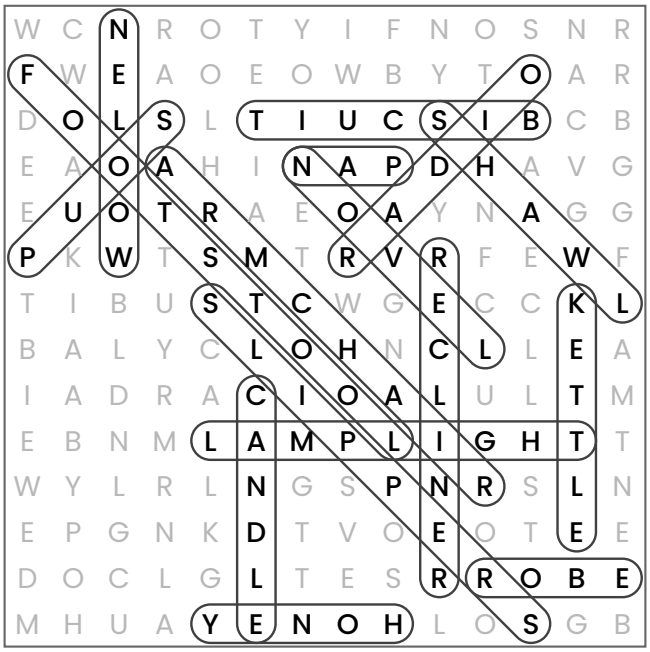
ANSWER KEY

Word Search Solutions

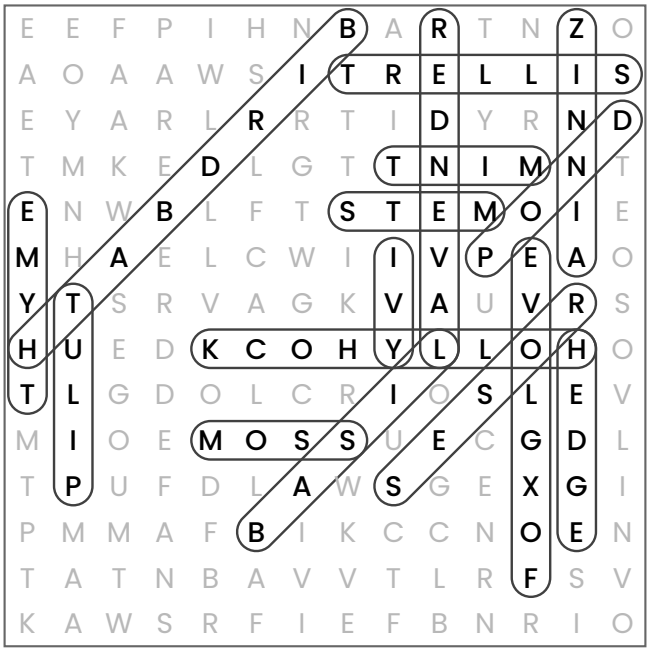
Puzzle 1



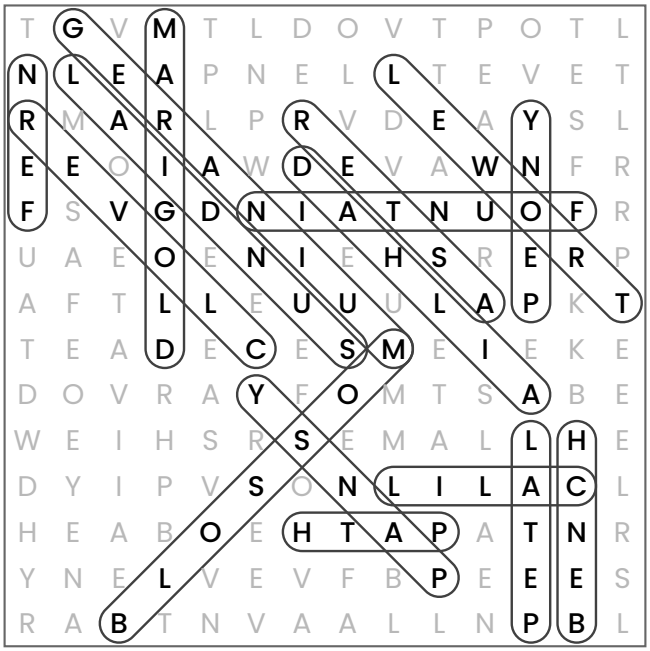
Puzzle 2



Puzzle 3



Puzzle 4



ANSWER KEY

Sudoku Solutions

Puzzle 1

8	**1**	**3**	**9**	6	4	**5**	2	**7**
2	6	9	**5**	**8**	7	1	**4**	3
5	4	7	**2**	1	3	8	**9**	**6**
9	3	**4**	**8**	7	6	**2**	**1**	5
6	5	**2**	1	**3**	9	**7**	8	4
7	**8**	**1**	4	5	**2**	**6**	3	**9**
3	**9**	5	6	2	**1**	4	7	8
1	**7**	6	3	**4**	**8**	9	5	2
4	2	**8**	7	9	**5**	**3**	**6**	1

Puzzle 2

6	4	8	7	**2**	9	**5**	**1**	3
3	**9**	1	8	5	**6**	**7**	**2**	4
7	2	5	**3**	4	1	**9**	6	8
5	**7**	3	1	**6**	**2**	4	8	9
9	**6**	2	5	**8**	4	1	**3**	**7**
8	1	4	**9**	**3**	7	6	**5**	**2**
4	3	**7**	6	1	**8**	2	9	5
1	**8**	**9**	**2**	7	5	3	**4**	**6**
2	**5**	**6**	4	**9**	3	8	7	**1**

Puzzle 3

8	**2**	9	**7**	1	4	6	5	3
1	4	**6**	5	**8**	3	7	9	**2**
7	3	**5**	**6**	9	2	**4**	8	1
2	9	**1**	**3**	**7**	**6**	5	**4**	**8**
5	7	8	**1**	4	**9**	2	3	6
4	**6**	3	**2**	**5**	**8**	**9**	1	**7**
9	1	**2**	8	6	**5**	**3**	7	**4**
3	5	7	4	**2**	1	**8**	6	**9**
6	8	4	9	3	**7**	1	**2**	5

Puzzle 4

9	1	2	3	**5**	8	7	**4**	**6**
8	**4**	**5**	**2**	7	**6**	**1**	3	9
7	**6**	**3**	1	9	4	5	**2**	**8**
2	**7**	**9**	8	6	5	3	1	4
6	3	**8**	**4**	2	**1**	**9**	5	7
4	5	1	7	3	9	**8**	**6**	**2**
1	**9**	4	5	8	2	**6**	**7**	3
3	2	**6**	**9**	1	**7**	**4**	**8**	**5**
5	**8**	7	6	**4**	3	2	9	1

Puzzle 5

2	9	8	**3**	7	6	**5**	4	**1**
3	**4**	5	9	**8**	**1**	2	**7**	6
1	7	6	5	**4**	**2**	**3**	9	8
6	**2**	3	**7**	**9**	**4**	**8**	1	5
8	**5**	4	**6**	1	**3**	7	**2**	**9**
9	1	**7**	**8**	**2**	**5**	4	**6**	3
4	3	**2**	**1**	**6**	8	9	5	7
5	**6**	9	**4**	**3**	7	1	**8**	2
7	8	**1**	2	5	**9**	6	3	4

Puzzle 6

1	**4**	**7**	3	5	**2**	**9**	6	**8**
5	**8**	6	**4**	9	**7**	3	**2**	1
9	**3**	2	**1**	**6**	8	4	5	7
7	2	**5**	8	3	**1**	6	9	**4**
6	9	3	**5**	7	**4**	1	8	**2**
8	1	4	**9**	2	6	**5**	7	3
3	6	1	7	**8**	**5**	2	**4**	9
4	**5**	8	**2**	1	**9**	7	**3**	**6**
2	7	**9**	**6**	4	3	**8**	**1**	5

ANSWER KEY

Cryptogram Solutions

1. Isn't it nice to think that tomorrow is a new day with no mistakes in it yet?
- L. M. Montgomery, Anne of Green Gables (1908)

2. Looking forward to things is half the pleasure of them.
- L. M. Montgomery, Anne of Green Gables (1908)

3. Where, you tend a rose, my lad, a thistle cannot grow.
- Frances Hodgson Burnett, The Secret Garden (1911)

4. Nothing in the world is quite as adorably lovely as a robin when he shows off.
- Frances Hodgson Burnett, The Secret Garden (1911)

5. Believe me, my young friend, there is nothing - absolute nothing - half so much worth doing as simply messing about in boats.
- Kenneth Grahame, The Wind in the Willows (1908)

6. The world is so full of a number of things, I'm sure we should all be as happy as kings.
- Robert Louis Stevenson, A Child's Garden of Verses (Happy Thought) (1885)

7. I have a great deal of company in my house; especially in the morning, when nobody calls.
- Henry David Thoreau, Walden (1854)

8. Morning is when I am awake and there is a dawn in me.
- Henry David Thoreau, Walden (1854)

9. Nature always wears the colors of the spirit.
- Ralph Waldo Emerson, Nature (1836)

10. To the attentive eye, each moment of the year has its own beauty.
- Ralph Waldo Emerson, Nature (1836)

11. Let us, then, be up and doing, with a heart for any fate; still achieving, still pursuing, learn to labor and to wait.
- Henry Wadsworth Longfellow, A Psalm of Life (1838)

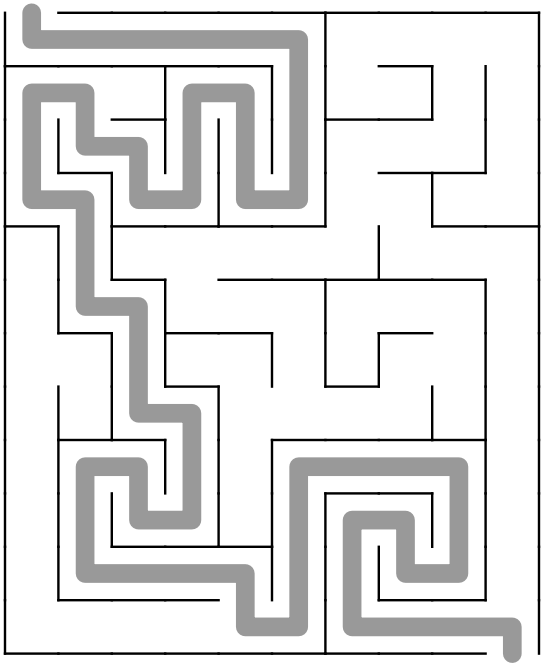
12. Be still, sad heart! and cease repining; behind the clouds is the sun still shining.
- Henry Wadsworth Longfellow, The Rainy Day (1842)

13. Weeping may endure for a night, but joy cometh in the morning.
- King James Bible, Psalm 30:5 (KJV) (1611)

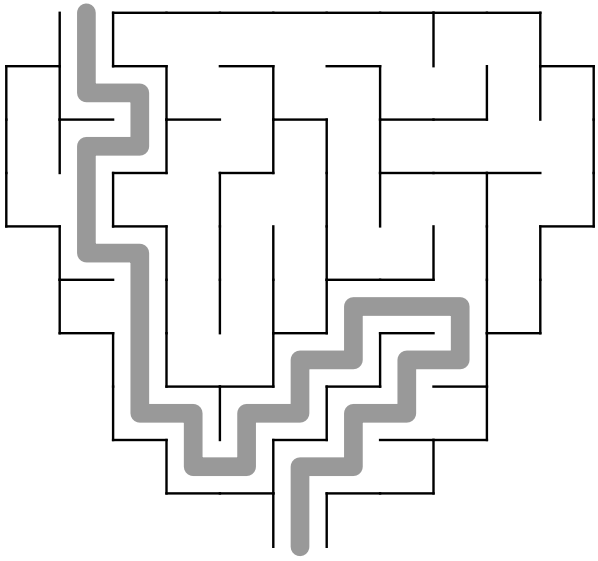
ANSWER KEY

Maze Solutions

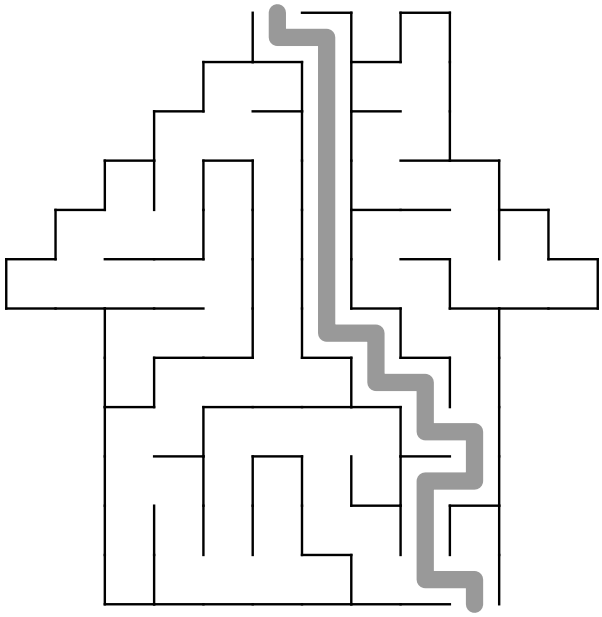
Maze 1



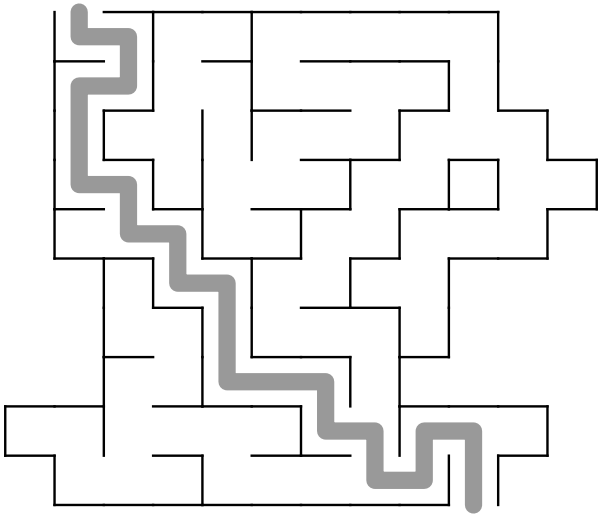
Maze 2



Maze 3



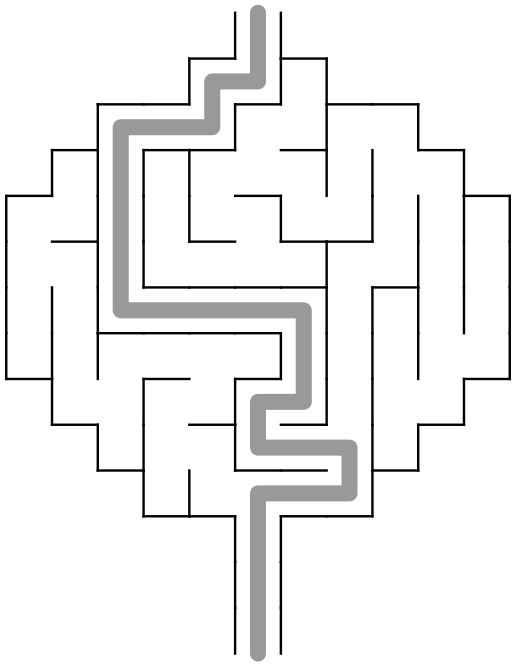
Maze 4



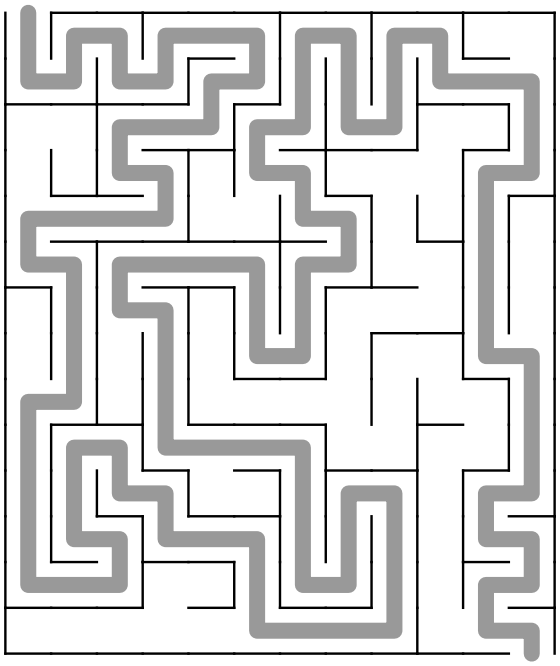
ANSWER KEY

Maze Solutions

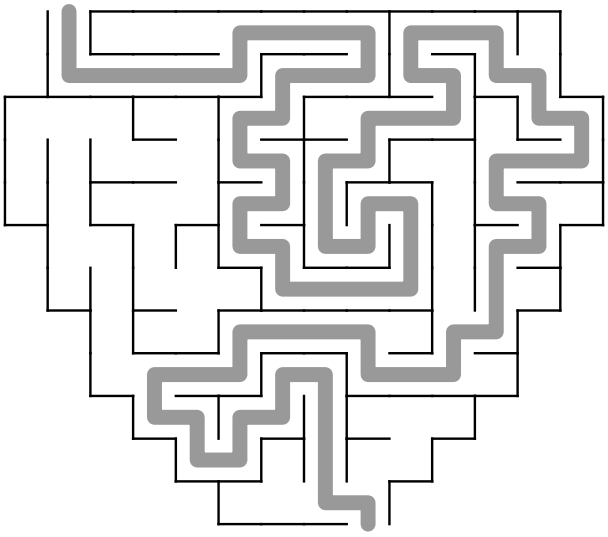
Maze 5



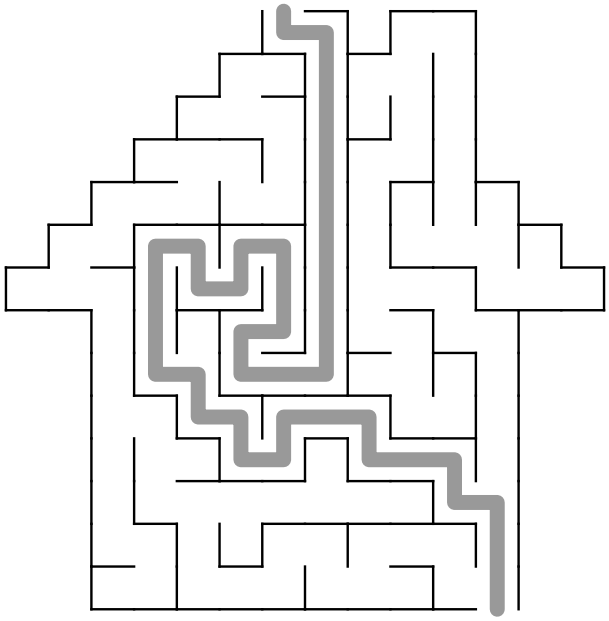
Maze 6



Maze 7



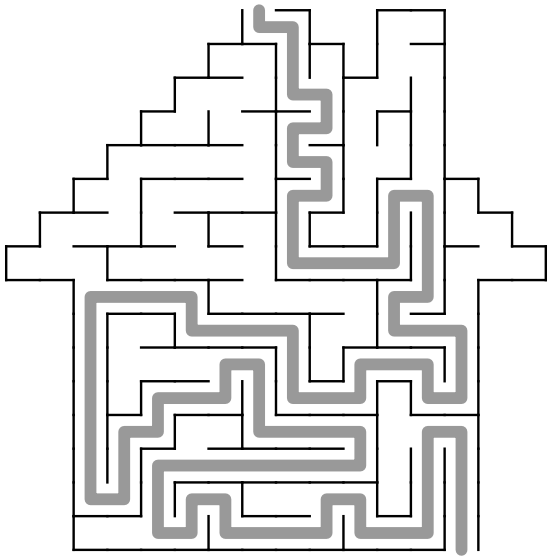
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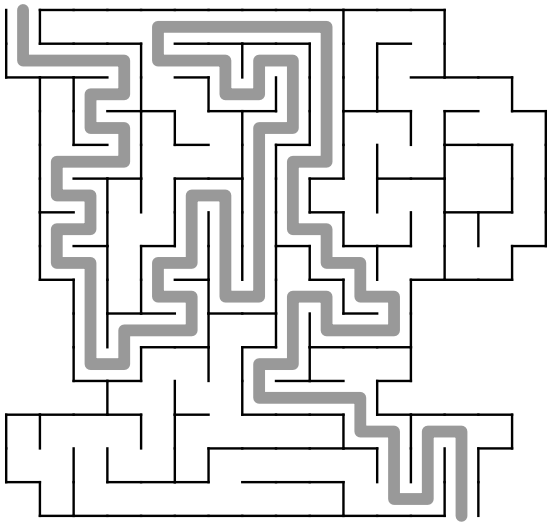
ANSWER KEY

Maze Solutions

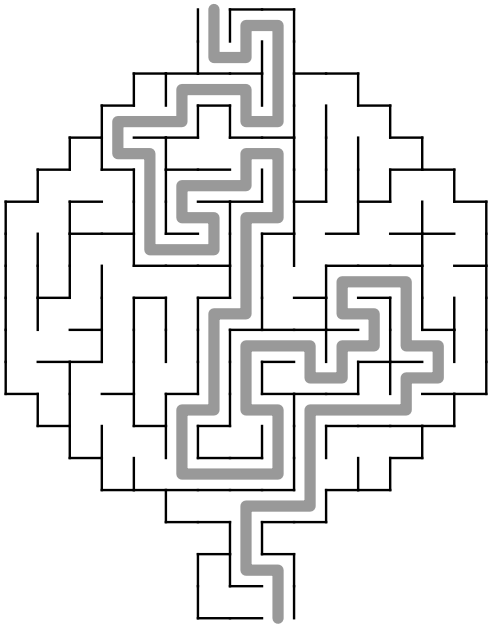
Maze 13



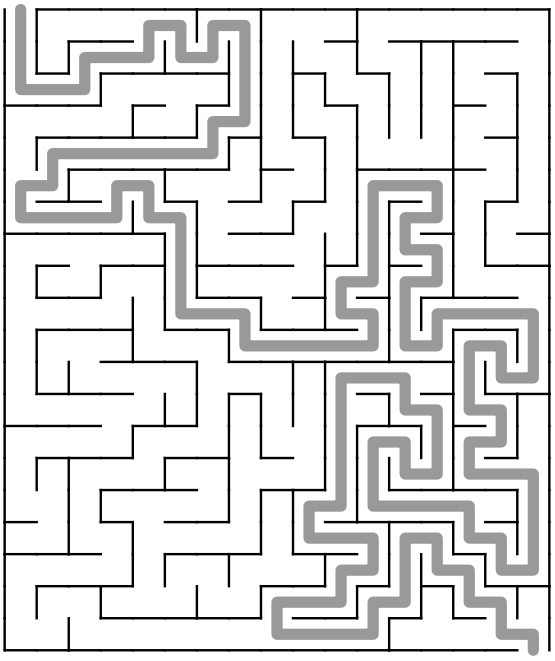
Maze 14



Maze 15



Maze 16



ANSWER KEY

Word Scramble Solutions

1. Cozy Comforts

1. BLANKET
2. QUILT
3. PILLOW
4. ARMCHAIR
5. FIREPLACE
6. CANDLE
7. COCOA
8. TEAPOT
9. KETTLE
10. CUSHION
11. HAMMOCK

2. In the Garden

1. TULIP
2. DAISY
3. PANSY
4. LILAC
5. PEONY
6. TRELLIS
7. BIRDBATH
8. SUNDIAL
9. FOUNTAIN
10. MARIGOLD
11. ZINNIA

3. Birds

1. CARDINAL
2. ROBIN
3. CHICKADEE
4. FINCH
5. SPARROW
6. NUTHATCH
7. TITMOUSE
8. JUNCO
9. WOODPECKER
10. ORIOLE
11. TANAGER

4. Good Food

1. OATMEAL
2. MUFFIN
3. BISCUIT
4. CUSTARD
5. PUDDING
6. CORNBREAD
7. MEATLOAF
8. CASSEROLE
9. CINNAMON
10. VANILLA
11. LEMONADE

5. Music

1. PIANO
2. VIOLIN
3. CELLO
4. GUITAR
5. FLUTE
6. BANJO
7. FIDDLE
8. TRUMPET
9. CLARINET
10. MELODY
11. HARMONY

6. Seaside

1. STARFISH
2. DRIFTWOOD
3. LIGHTHOUSE
4. SAILBOAT
5. HARBOR
6. SANDPIPER
7. BOARDWALK
8. SUNSET
9. HORIZON
10. UMBRELLA
11. LAGOON